## The Spirit Academy

## **Interpersonal Skills List**

Word	Definition
Caring	displaying kindness and concern for others.
Collaboration	the action of working with someone to produce or create something.
Comforting	serving to alleviate a person's feelings of grief or distress.
Communicator	a person who is able to convey or exchange information, news, or ideas, especially one who is eloquent or skilled.
Compassionate	feeling or showing sympathy and concern for others.
Counselor	a person trained to give guidance on personal, social, or psychological problems.
Empathetic	showing an ability to understand and share the feelings of another.
Encourager	being able to motivate and encourage others and help a team achieve success.
Flexible	the ability to be easily modified; willingness to change or compromise.
Friendly	kind and pleasant.
Helping others	ability to assist others without expecting something in return
Humor	the ability to express humor or make other people laugh.
Instructor	teach (someone) a subject or skill.
Kind	the quality of being friendly, generous, and considerate.
Leader	being able to motivate and encourage others and help a team achieve success.
Listening	thoughtfully listen to the ideas of others.
Mentor	an experienced and trusted adviser.
Motivator	a person who promotes interest in or enthusiasm for something.
Positive Attitude	seeing the best out of every situation
Public speaking	ability to speak in a crowd
Respect	a feeling of deep admiration for someone or something elicited by their abilities, qualities, or achievements.
Responsibility	the opportunity or ability to act independently and make decisions without authorization.
Social	Ability to meet new people with ease
Teamwork	you need to be able to listen to others, communicate your own goals, motivate your team, and resolve any conflicts that may arise.
Trustworthy	able to be relied on as honest or truthful.